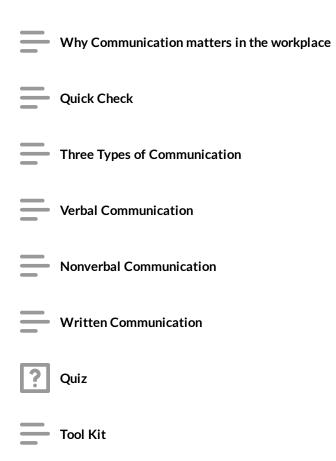


#### Effective Communication in the workplace



## Why Communication matters in the workplace



#### **Effective Communication**

Great communication skills are the key to your success. In this lesson, you will learn the characteristics that define a great communicator and how these qualities can help you excel at work.

Effective communication refers to the successful transmission of information and ideas in a manner that is understood by the recipient.

It involves the clear and concise conveyance of a message from the sender to the receiver, resulting in mutual comprehension and the desired outcome.



# **Quick Check**

deadline. What's the most effective way to communicate the o ensure clarity?
Assume they know and proceed with the discussion.
Politely ask if they need clarification on the project timeline.
Send them an email after the meeting with the details.

# **Three Types of Communication**



""To effectively communicate, we must realize that we are all different in the way we perceive the world and use this understanding as a guide to our communication with others."

- Tony Robbins

#### **Ten Key Elements of Effective Communication**

- Clarity: Expressing thoughts, ideas, and information clearly and concisely to avoid misunderstandings and confusion.
- Conciseness: Conveying information in a precise and straightforward manner, avoiding unnecessary details or complex language.
- Active listening: Paying close attention to the speaker's message, understanding the content, and providing appropriate feedback or responses to demonstrate understanding.
- Empathy: Understanding and acknowledging the emotions, perspectives, and concerns of others to establish a connection and foster meaningful relationships.
- Nonverbal cues: Paying attention to nonverbal cues such as body language, facial expressions, and tone of voice to understand the underlying emotions and intentions behind the message.
- Feedback: Encouraging open dialogue and soliciting feedback to ensure that both parties are on the same page and to address any concerns or questions.

- Respect: Showing respect for others' opinions, ideas, and perspectives, even when there are differences, to promote a positive and collaborative communication environment.
- Adaptability: Adjusting communication styles and approaches to suit the needs and preferences of different individuals or audiences to ensure effective message delivery.
- Timing: Choosing the appropriate timing to deliver a message to maximize its impact and relevance, taking into account the recipient's current circumstances and emotional state.
- Purpose: Communicating with a clear goal or objective in mind, whether it is to inform, persuade, motivate, or build relationships, to ensure that the message is effectively tailored to achieve the intended outcome.

By incorporating these elements into your communication practices, individuals and organizations can enhance their ability to convey messages clearly, build stronger relationships and achieve successful outcomes in various personal and professional settings.

#### **Three Types**

There are three main types of Communication

Flip the card to find out more

#### Verbal

#### **Verbal Communication:**

Communication that involves the use of spoken words, either face-to-face or through phone calls or video conferencing

#### Non Verbal

#### Nonverbal communication:

Communication that involves the use of gestures, body language, facial expressions, and other visual cues to convey messages.

#### Written

#### Written communication:

Communication that takes place through written words, including emails, letters, memos, reports, and other forms of written correspondence.

# **Verbal Communication**



Verbal communication plays a crucial role in:

1	Fostering Collaboration		
2	Building Relationships		
3	Ensuring Effective Teamwork		
Here are some tips on how to use verbal communication effectively:  Expand each tip to learn more			
Be Clear a	and Concise		
	and straightforward language to convey your message, avoiding jargon or complex gy that may lead to misunderstandings.		
Practice A	Active Listening		
-	attention to what others are saying, demonstrate your understanding through te responses, and ask relevant questions to clarify any points of confusion.		
Be Respe	ctful and Courteous:		
	a professional and respectful tone when communicating with colleagues, supervisors, dinates, even during challenging or stressful situations.		

Encourage Open Dialogue	
Foster an environment where employees feel comfortable expressing their opinions, ideas, and concerns openly, and encourage constructive feedback and discussion.	
Use Positive Language	
Frame your messages in a positive and encouraging manner to inspire motivation, boost morale, and create a supportive and uplifting work atmosphere.	
Give and Receive Constructive Feedback:	
Provide constructive feedback in a constructive and diplomatic manner, focusing on specific actions and behaviors rather than personal attributes. Be open to receiving feedback as well and use it as an opportunity for self-improvement.	
Use Effective Questioning	
Ask open-ended questions to encourage meaningful conversations and prompt thoughtful responses from colleagues, allowing for a deeper understanding of various perspectives and ideas.	

Adapt Communication Styles
Tailor your communication style to match the preferences and communication styles of your audience, whether it's your colleagues, supervisors, or clients, to ensure effective message delivery and understanding.
Express Appreciation and Gratitude
Acknowledge the efforts and contributions of your colleagues through verbal appreciation and expressions of gratitude to foster a positive and supportive work environment.
Seek Clarity and Confirmation
When providing instructions or assigning tasks, encourage employees to ask questions for clarification to ensure that everyone is on the same page and understands their roles and responsibilities clearly.

"Good communication is the bridge between confusion and clarity."

- Nat Turner

	Use complex terminolgy
$\bigcirc$	Speaking quickly
	Clarity and conciseness
	Avoiding Eye Contact
	SUBMIT
	tive listening important in verbal communication?

It demonstrates respect and understanding
It avoids any need for clarification
It allows you to interrupt the speaker
SUBMIT

#### **Nonverbal Communication**

Nonverbal communication refers to the transmission of messages or information without the use of words. It involves the use of various cues, such as:

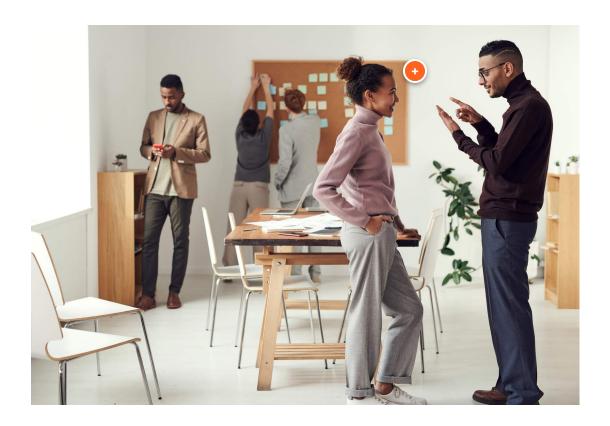
- 1 Facial Expressions
- 2 Gestures
- 3 Body Language
- 4 Posture
- 5 Eye Contact
- 6 Tone of Voice

"Communication is a two-way street. And if you don't have the right pieces in place, it's easy to get lost on the way."

Nonverbal communication can significantly influence how a message is perceived and interpreted by others. It often plays a crucial role in complementing or contradicting verbal communication, adding layers of meaning and context to the overall message being conveyed.

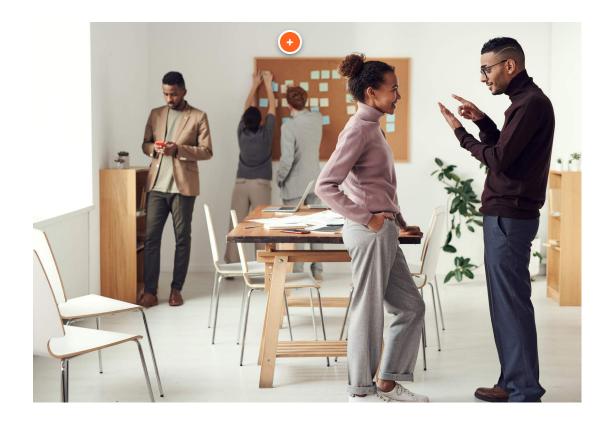
Discover what these non verbal cues are all about, click on each marker below to learn more.





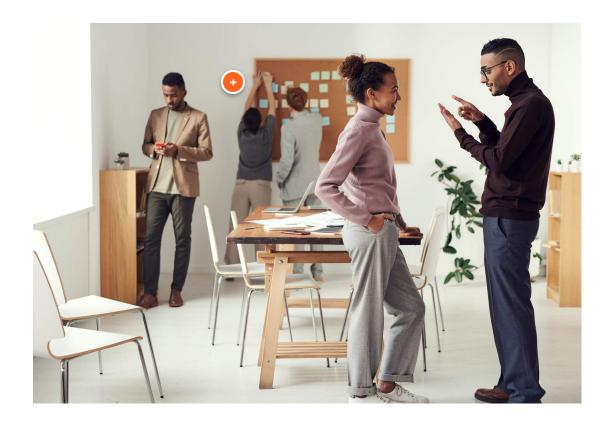
#### **Facial Expressions**

Conveying emotions, attitudes, and intentions through facial movements, such as smiles, frowns, raised eyebrows, and eye movements



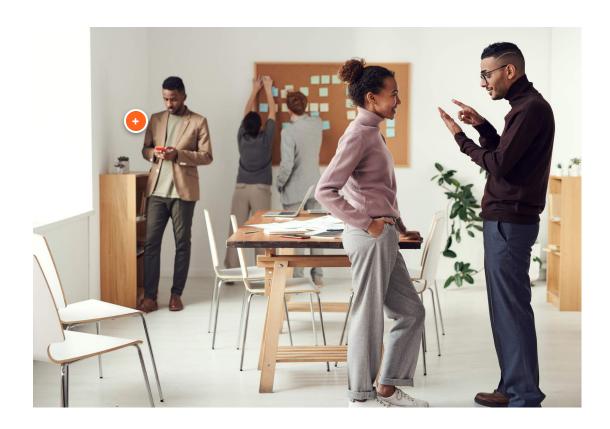
#### Touch

Communicating emotions, empathy, or support through appropriate and respectful physical contact, such as handshakes, hugs, or pats on the back.



#### Personal Space

Signaling comfort, intimacy, or boundaries by controlling the physical distance between individuals during communicati



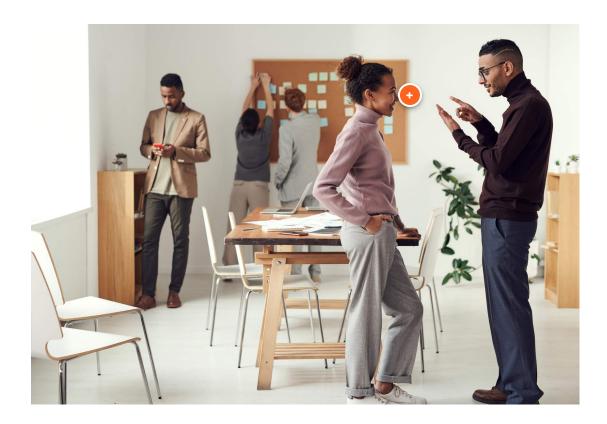
#### Posture and Body Language

Communicating attitudes, confidence, and engagement through body positioning, stance, and overall body movements



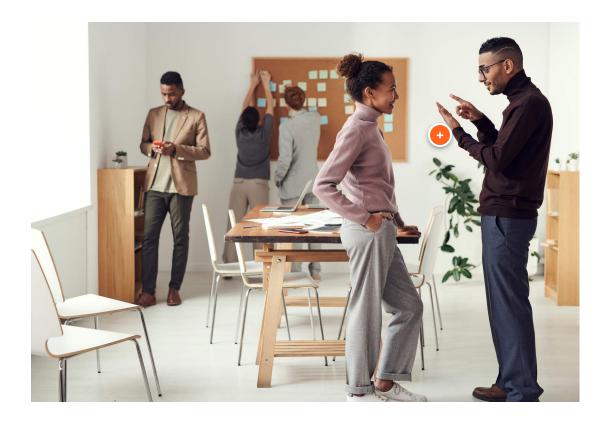
#### Gestures

Using hand movements, arm gestures, and body gestures to emphasize or reinforce spoken words and convey additional information.



#### Eye Contact

Establishing connection, demonstrating attentiveness, and conveying interest or sincerity through appropriate eye contact during communication



#### Tone of Voice

Conveying emotions, intentions, and attitudes through variations in pitch, volume, and intonation during speech

What does appropriate eye contact during communication typically signify?

- Disinterest
- Respect and attentiveness

Aggression
Distrust
SUBMIT

# How can body language influence communication? It has no impact on the message being conveyed It can reinforce or contradict spoken words It is the primary mode of communication It impedes effective communication

#### **Written Communication**

#### **Written Communication**

Written communication refers to the exchange of information, ideas, or messages through written or printed symbols. It is a form of communication that relies on written language to convey thoughts, concepts, and data to a recipient. Written communication can take various forms, including emails, letters, memos, reports, articles, manuals, and other types of written documents. It is widely used in various contexts, such as business, academia, government, and personal correspondence.

Expand each key aspect below to learn more

#### Clarity and Coherence

Writing in a clear and coherent manner to ensure that the message is easily understood by the reader.

Conciseness

Conveying information in a precise and concise format, avoiding unnecessary words or phrases that may obscure the intended message.
Correct Grammar and Spelling
Using proper grammar, punctuation and spelling to maintain the credibility and professionalism of the written content.
Audience Awareness
Adapting the writing style and tone to suit the intended audience, ensuring that the message is relevant and resonates with the reader.
Professional Tone
Presenting information in a logical and organized structure, using headings, subheadings, and bullet points to facilitate easy reading and comprehension
Attention to Detail
Paying attention to details, such as formatting, font style, and layout, to create visually appealing and easily navigable written content

# "The more elaborate our means of communication, the less we communicate."

- Joseph priestly

Written communication serves as a critical tool for conveying complex information, documenting important details, and fostering effective collaboration in various professional and personal settings.

It enables individuals to articulate their thoughts and ideas in a structured and articulate manner, facilitating effective information exchange and knowledge sharing.

What is the importance of using proper grammar and spelling in written communication?

- It is not essential as long as the message is clear.
- It ensures that the message is easily understood and maintains professionalism.

$\bigcirc$	It adds complexity to the message.
	It is unnecessary in informal communication
	SUBMIT
What shou	ld be considered when adapting the writing style to the
intended a	udience?
	Using technical jargon to appear knowledgeable.
	Ignoring the readers' background and interests.
	Writing in a manner that resonates with the readers' knowledge and preferences.
	Using slang and informal language to connect with the readers.

SUBMIT

# Quiz

#### 01/03

How can you encourage open dialogue in the workplace?				
	Discourage feedback from employees			
	Use negative language to encourage discussion			
	Foster a supportive and respectful environment			

Avoid communication with colleagues

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#### 02/03

What does a firm handshake typically communicate during introductions? a) Disrespect	
	Disrespect
	Nervousness
	Confidence and Sincerity
$\bigcirc$	Indifference

Why is it important to use clear and concise language in written communication?		
$\bigcirc$	It adds complexity to the message	
	It demonstrates advanced vocabulary	
	It ensures the message is easily understood	
	It encourages creative interpretation	

# **Tool Kit**

## Heading

A selection of further reading